



# *Abstract Plain Language Summaries at Scientific Congresses*

## **What are abstract plain language summaries (APLS)?**

An abstract is a summary of the most relevant information from research that can be found at the start of a research article in a journal or used at scientific congresses, or meetings.

APLS use simple images/pictures, plain language, and consistent wording to explain the abstracts for research at scientific congresses. Each APLS represents a small piece of the complete body of data available on the drug and disease area at the time.

*APLS reports represent results of only one study. Researchers must look at the results of many types of studies to understand whether a study drug works, how it works, and whether it is safe to prescribe. The results might be different from the outcome of the other studies that researchers have presented in the past. It's important to note that these data are investigational, and the treatments may not be approved in these settings by regulatory agencies.*

### **WHO ARE APLS FOR?**

APLS can help research findings be accessible and understandable to anyone seeking this information. Audiences may include but are not limited to patients, caregivers, and healthcare professionals.

### **WHY DOES PFIZER DEVELOP APLS?**

Research findings often use terms that can be too complex for many non-scientists to understand. APLS provide recent research results in a clear way for non-scientists.

### **WHAT INFORMATION DO APLS INCLUDE?**

APLS summarize the original content of a scientific abstract. They describe the main aims and findings of a research study in an easy-to-understand format by following health literacy best practices.

### **HOW ARE APLS USED?**

APLS can help people better understand the research data in presentations at scientific congresses.