MY ACTION PLAN

Please fill out your action plan so you can create a game plan to strengthen your social relationships.

1. MY CURRENT SOCIAL HABITS:
2. ROADBLOCKS THAT KEEP ME FROM BEING MORE SOCIALLY CONNECTED:
2. NOADBLOCKS THAT REEF ME FROM BEING MORE SOCIALLY CONNECTED.
3. WAYS I CAN OVERCOME THESE ROADBLOCKS:
4. THREE SOCIAL ACTIVITIES I WOULD ENJOY:
E MY ACTION DI ANTO DEVELOR RETTER COCIAL CONNECTERNICS.
5. MY ACTION PLAN TO DEVELOP BETTER SOCIAL CONNECTEDNESS: