THE FEMALE REPRODUCTIVE SYSTEM

Below are pictures showing the parts of a woman’s reproductive system. There is also a basic description of these body parts underneath.

Three parts of the body undergo significant changes during menopause.

- **Bioidentical hormones**/Natural hormones
  - Continuous combined hormone therapy
  - Cyclic hormone therapy
  - Amenorrhea
  - Estrogen
  - Estradiol
  - Dysuria
  - A medication schedule where medicine is taken the same way every day
  - Female menopause
  - Osteoporosis or reduced bone strength
  - When the walls of the vagina become thinner, drier or more irritated as a woman’s body produces less estrogen
  - Genital pruritus
  - Discharge
  - A medication schedule that changes over the menstrual cycle
  - Bleeding from the uterus that is different than normal menstrual bleeding
  - The amount of mineral matter in bones. A low bone density can lead to osteoporosis or fractures
  - Insomnia
  - Hyperplasia
  - Hot flashes/Hot flushes
  - A treatment that a healthcare provider may recommend and administer that helps certain organs and cells function more normally
  - Hormone
  - Genitourinary syndrome of menopause (GSM)
  - A group of hormones that help with the reproductive system works
  - Vasomotor symptoms
  - Uterine cancer
  - Transvaginal
  - Transdermal
  - Testosterone
  - Ring
  - Oral tablet
  - Intrauterine system (IUD)
  - Difficulty falling asleep or staying asleep
  - Intrauterine device (IUD)
  - Difficulty in the urinary tract
  - Uterine bleeding
  - Urgency
  - Stress urinary incontinence
  - Progestin
  - A small, flexible, circular object that is placed inside the vagina or rectum. It dissolves and releases medicine
  - A small patch (or adhesive material) worn on the skin that delivers medicine to the body
  - A pill that is put in the mouth and swallowed
  - Medicine that is applied to the body as a mist from a pump
  - A small piece of medicine that is put inside the vagina or rectum. It dissolves and releases medicine
  - Helpful information that may be important for me to know?
  - Hormone
  - Bioidentical hormones/estrogen
  - Breast discomfort
  - Developing good habits for overall health and wellness
  - Ovaries
  - Endometrium
  - Uterus
  - A heart attack
  - Any item listed above
  - Deep vein thrombosis
  - Difficulty in the urinary tract
  - A pill placed inside the vagina that is absorbed into the body
  - Urinary incontinence
  - Vulvovaginal atrophy
  - Through the skin
  - Sexual characteristics, but is also present in women. It is often used to treat menopause symptoms in women

This glossary also gives a basic description of some words or terms that you might hear or see when you are learning about menopause, menopause symptoms, and menopause treatment options.