



LIVING WITH RHEUMATOID ARTHRITIS (RA): TAKING ACTION TO DEFINE YOUR RA NarRAtive

The RA NarRAtive global survey, fielded among 3,649 people living with RA, reveals the need for patients to feel comfortable in talking with their healthcare professional and speaking up about RA treatment goals and preferences in order to help improve management of their RA.

ARE YOU LIVING WITH RA?

You can define your RA NarRAtive by working to break down barriers to receiving optimal care.

THE PHYSICAL AND EMOTIONAL BURDEN REMAINS*:

Nearly 1 in 2 (47%)

of all patients with RA have stopped doing or participating in certain activities¹⁰

About 3 in 10

have quit or changed jobs, or stopped working altogether due to their RA¹¹

Take Action

Set realistic goals and share them with your healthcare professional to help find ways for you to achieve them. Keep the conversation going and focus on your goals!

COMFORT LEVEL WITH YOUR HEALTHCARE PROVIDER CAN POSITIVELY IMPACT YOUR DISEASE MANAGEMENT:

Patients with RA who are comfortable raising concerns/fears are:

43% more likely to have positive view on health – good/excellent^{*5}

90% more likely to be satisfied with their RA medication regimen^{**6}

Take Action

Connect with your local advocacy organization to help prepare for doctor visits. Be honest about how you feel and know the right questions to ask to ensure that each visit leaves you empowered to better manage your RA.

DISCONNECTS EXIST BETWEEN TREATMENT SATISFACTION AND STATUS OF DISEASE:

4 in 5 people say they are satisfied with their RA treatment regimen; however, only **30%** say their RA is “under control”^{**8}

More than **1 in 2** wish they had more medication options^{*9}

Take Action

Get the most from your treatment and explore your options. If you don't feel your RA is “under control,” talk with your doctor about your options.

SILENCE IS A BARRIER TO BETTER CARE:



3 in 5 RA patients report feeling uncomfortable raising concerns and fears with their HCP^{*1}



1 in 3 worry that if they ask too many questions, it will affect the quality of their care^{*2}

93%

say they have goals for managing their condition³ – yet most (66%) have not shared their treatment goals with their HCP^{*4}

Take Action

Say what's on your mind. When you are comfortable expressing concerns and setting goals jointly with your doctor you are more likely to experience positive treatment outcomes.

WHAT IS THE RA NarRAtive PATIENT SURVEY?

The RA NarRAtive patient survey was fielded among **3,649 adult RA patients in 13 countries**, including Argentina, Australia, Brazil, Canada, France, Germany, Italy, Japan, South Korea, Spain, Turkey, United Kingdom, and the United States.¹²

Visit Pfizer.com/RANarRAtive to learn more about the RA NarRAtive initiative and download survey findings.

*Statistic based on RA NarRAtive patient survey respondents who are currently seeing an HCP to manage their RA

**Statistics based on all qualified respondents to the RA NarRAtive patient survey

**Based on survey respondents who are currently seeing an HCP to manage their RA and taking prescription medications

**Based on the survey respondents who report their HCP has described their RA as moderate-to-severe or severe

¹ Pfizer Data on file. RA NarRAtive Patient Survey Banner 1. Question 840. P64

² Pfizer Data on file. RA NarRAtive Patient Survey Banner 1. Question 831_5. P54

³ Pfizer Data on file. RA NarRAtive Patient Survey Banner 1. Question 727. P14

⁴ Pfizer Data on file. RA NarRAtive Patient Survey Banner 6. Question 818. P34

⁵ Pfizer Data on file. RA NarRAtive Patient Survey Banner 6. Question 700. P6

⁶ Pfizer Data on file. RA NarRAtive Patient Survey Banner 6. Question 941_3. P110

⁷ Pfizer Data on file. RA NarRAtive Patient Survey Banner 6. Question 941_3. P110

⁸ Pfizer Data on file. RA NarRAtive Patient Survey Banner 6. Question 715. P9

⁹ Pfizer Data on file. RA NarRAtive Patient Survey Banner 1. Question 941_6. P108

¹⁰ Pfizer Data on file. RA NarRAtive Patient Survey Banner 1. Question 726. P13

¹¹ Pfizer Data on file. RA NarRAtive Patient Survey Banner 1. Question 726. P13

¹² Pfizer Data on file. RA NarRAtive Patient Survey Banner 1. Question 264 P1

