

U.S. findings (n=301) from a global survey of adults living with psoriatic arthritis found that many patients reported that they continue to experience symptoms while on therapy.¹

Here are some preliminary findings from the PsA Narrative survey (see survey methodology below) that show the significant impact of the disease and how patients may not be communicating how they truly feel with their physicians.

The Impact of Psoriatic Arthritis

MENTAL WELLBEING



Over 9 in 10 patients say their psoriatic arthritis has negatively impacted their emotional and mental wellbeing (n=277/301)

CAREER

3 in 4 say psoriatic arthritis has negatively affected their career path (n=222/301)

As a result of their psoriatic arthritis:
51% have taken a sick day from work (n=155/301)

41% have experienced decreased productivity (n=123/301)

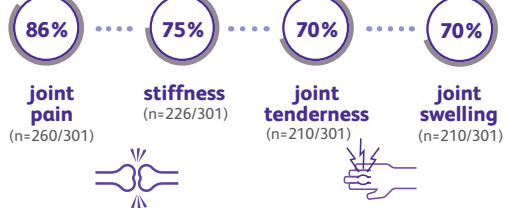
1 in 5 have taken medical leave (n= 63/301)

1 in 10 have quit or been let go from a job (n=39/301)

PHYSICAL

98% of patients have experienced musculoskeletal* symptoms in the past 12 months (n=294/301)

The most commonly reported symptoms are:



Of patients that experienced psoriatic arthritis symptoms in the past 12 months, **3 in 4 patients** identified musculoskeletal symptoms as the most bothersome symptoms (n=223/299)

SOCIAL

3 in 4 say psoriatic arthritis has negatively impacted their relationship with friends and family (n=225/301)

As a result of their psoriatic arthritis:
58% have stopped participating in sports or recreational activities (n=176/301)

51% have stopped participating in social activities (n=155/301)

Disconnects in Psoriatic Arthritis Management

PATIENTS MAY NOT BE COMMUNICATING HOW THEY TRULY FEEL

Of patients that stated that a rheumatologist was most responsible for managing their symptoms of psoriatic arthritis: (n=256/301)

93% say they were very or somewhat satisfied with their communication with their rheumatologist (n=238/256)

93% say they felt comfortable raising fears and concerns with their rheumatologist (n=239/256)

yet

Some patients

worry that if they ask too many questions, they'll be seen as a difficult patient impacting their quality of care
 often tell their rheumatologist they are fine when they're actually experiencing psoriatic arthritis symptoms

A HIGH PERCENTAGE OF PATIENTS REPORT SATISFACTION WITH TREATMENT, BUT CONTINUE TO EXPERIENCE SYMPTOMS

89% of patients currently taking prescription medication for psoriatic arthritis say they are very or somewhat satisfied with their treatment (n=262/295)

Of these patients who say they are satisfied...

87% say their current medication regimen has their psoriatic arthritis under control (n=227/262)

yet **90%** would ideally make changes to their medication regimen (n=236/262)

89% describe their psoriatic arthritis today as moderate-to-severe (n=232/262)

96% are still experiencing psoriatic arthritis symptoms despite treatment (n=251/262)

Methodology

The Psoriatic Arthritis (PsA) Narrative US Patient Survey was conducted online by The Harris Poll on behalf of Pfizer between November 2nd and December 1st, 2017, among 301 adults ages 18+ residing in the US who self reported that they were diagnosed with psoriatic arthritis by a healthcare provider, have been living with psoriatic arthritis for longer than one year, have seen a rheumatologist or dermatologist in the past 12 months, have ever taken a prescription DMARD or biologic for their psoriatic arthritis, and provided informed consent to complete the research. Data were not weighted, and are therefore only representative of the individuals who completed the survey.

References:
 1. DOF Pfizer. PsA Narrative US Patient Survey. New York, NY. Dec 2017.



*The PsA Narrative survey identified musculoskeletal symptoms of psoriatic arthritis as joint pain, stiffness, joint swelling, joint tenderness, inflammatory back pain (back pain/stiffness), enthesitis, dactylitis, and joint damage.